

## **International Comparative Study on Productive Aging and Health Promotion 2012 Research Report**

### **Research Title:**

International Comparative Study on Productive Aging and Health Promotion 2012

**Year:** 2012

### **Research Objectives:**

As a society ages dramatically, older people are expected to stay healthy longer and to play more roles in a society. While some health promotion measures are already taken, we still face a pressing issue: these measures need to be implemented more effectively.

More effective health promotion not only prevents illnesses and maintains physical strengths but also is closely associated with realization of productive aging, including active social participation.

Regarding this issue, this study suggests effective measures to promote productive aging and health promotion while describing the current conditions of Japanese elderly through international comparisons. The results should be helpful in finding concrete guidelines to improve the overall QOL of the current and future Japanese elderly.

This study examines the challenges facing the current situation and future prospects by comparing situations in Japan and other countries, including the latest measures in productive aging and health promotion recently developed by the United Nations and European Union.

More specifically, this study, conducted through ILC Global Alliance, includes surveys and interviews with individuals and organizations actively involved in productive aging and health promotion in different countries. The study also includes reanalysis of existing studies within and outside the country as well as literature review. These efforts aim to find ways so that older people can participate in a society more actively.

### **Report Title:**

International Comparative Study on Productive Aging and Health Promotion 2012: Research Report (A4 size, 271 pages, in Japanese)

**Report Published in:** March 2013

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Preface

I. Productive Aging: History and Where We Are Now

1. Revisiting the concept for Japanese-style productive aging
2. “Productive Aging” in a hyper-aged society in Japan: Focusing on the health perspective of the old-old

II. Productive Aging and Health Promotion: Systems and Challenges in Different Countries

1. Trends in fundamental systems and policies regarding social participation among older people: Japan and other countries
2. Community participation among older people: Japan and European countries
3. Policy challenges in Japan regarding productive aging

III. International Comparative Data on Productive Aging and Health Promotion: Reanalysis and Discussion

1. Productive aging and health promotion: Current situations and challenges facing international comparisons
2. Impact of social participation on health and its contributing factors at a local level
3. Life course and social participation of older people

IV. ILC Roundtable Meeting

“Productive Aging for the Elderly in the World”

V. References

1. Policies and systems on productive aging in different countries
2. Interviews on productive aging: Japan, UK and Netherlands