

International Comparative Study on Productive Aging 2013 Research Report

Research Title:

International Comparative Study on Productive Aging 2013 (A study supported by Projects on Health Care and Health Promotion for Older People at Ministry of Health, Labour and Welfare)

Year: 2013

Research Objectives:

Social participation among older people is essential in order to build an energetic longevity society and to successfully prevent the need for long-term care. In other words, it is critical that older people keep playing active roles in a society and family. In addition to health promotion and care prevention activities, older people are also expected to realize their role as providers in their communities and actually act as ones. This study compares, analyzes and discusses international data collected from the programs which actually promote productive aging and older people who participate in these programs in Japan and other countries. The study aims to find concrete ways for older people to play major roles in energizing community activities and for resolving community problems through understanding and analyzing the latest examples in the leading aged countries. Moreover, the study also aims to find significance and effects of social participation on older people's quality of life and health promotion.

Report Title:

International Comparative Study on Productive Aging 2013: Research Report (A4 size, 144 pages, in Japanese)

Report Published in: March 2014

Contents of the Report:

Preface

- I. Productive Aging: Challenges and Future Directions
 1. Interrelations between older people with welfare needs and older volunteers

2. Factors promoting and inhibiting voluntary activities to support community care: Achievements and stress in local welfare commissioners' activities
- II. Productive Aging and Health Promotion: Interviews with volunteers in Japan, Netherlands and UK
 1. International comparisons on productive aging and health promotion among Japan, Netherlands and UK: Social background of older people's volunteering in healthcare, long-term care and welfare
 2. Productive aging and health promotion: Interviews with volunteers in Japan, Netherlands and UK
- III. Study on Productive Aging and Health Promotion in Japan ("Study on Local Activities and Health")
 1. An overview of a study on productive aging and health promotion in Japan: An overview of the baseline study, research design and responses
 2. Analyses of a study on productive aging and health promotion in Japan: Who are engaged in productive activities?
- IV. References